

Jennifer C. Foxworthy, LMSW, MSM, DTM

Abbreviated Bio

Jennifer travels around the country using her life experiences boldly, authentically, and transparently speaking on topics of corporate leadership, self-esteem, domestic violence awareness, overcoming adversity, self-care, and much more. Jennifer specializes in making events memorable as a keynote speaker, moderator, guest panelist, workshop facilitator, or event MC by helping her clients self-actualize their individual greatness to move beyond internal or external barriers. Essentially, Jennifer uses her voice to help others find theirs.

Jennifer is a retired Navy combat veteran, Distinguished Toastmaster, an award-winning inspirational influencer, internationally published author, public speaking coach, as well as an anti-domestic violence activist, and victim's advocate. After serving our country proudly for 21.7 years, Jennifer pursued a second career as an entrepreneur and in 2013 started her first business, Inspirationally Speaking, LLC where she inspires, motivates and empowers thousands of people around the country to make changes in their life so that they can walk boldly in their purpose. Jennifer's passion and knowledge of leadership, work-life balance, employee wellness, team building, and diversity in corporate America has motivated and transcended the internal and external business practices of several locals, state, and federal government agencies as a corporate trainer through her top-notch seminars. Jennifer also aims to encourage individuals to have a Get F.I.T. (Focused, Intentional, and Thriving) Mindset so they can ultimately find their personal peace, purpose, and power. This mindset is achieved through her self-published book titled *Tomorrow My Sunshine Will Come: Memoirs of Women Who Survived Domestic Violence* as well as her prolific blog G.U.M.B.O. (Greatness Unbounded Moving Beyond Ordinary) just to name a few of her platforms. As a change champion and wanting to make a greater impact in the world concerning domestic violence, human trafficking, and homelessness, Jennifer became the Founder and CEO of Unstoppable You Ministries, Inc., where she is a proficient event organizer and host of Unstoppable You Conference as well as host for Living Unshackled ON Purpose television show. Unstoppable You Ministries supports these populations through emergency services, training, and resources. In addition, UYM collaborates with other organizations to identify individuals who are at-risk or reentering society in order to provide services to boost their self-esteem and self-worth.

Above all, Jennifer is living proof that dreams, passions, and goals are obtainable if you trust in God, surround yourself with positive people, and put one foot in front of the other.

Some of Jennifer's positive people include her wonderful husband, Thomas, an eleven-year-old son, Noah, and her three stepchildren- Josh, Laura, and Matt. Jennifer and her family reside in southern Maryland.

Inspirationally Speaking, LLC

Website: www.inspirationallyspeaking.com

YouTube Channel: <https://www.youtube.com/c/Inspirationallyspeaking>

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